



'An Introduction to Complementary Medicine'

This course offers an overview of complementary medicine therapies practiced in Ireland and the United Kingdom, including Acupuncture, Reflexology, Nutritional Therapy, Herbal Medicine, Aromatherapy, Homeopathy and Computerised Regulation Thermography (CRT).
Duration : Eight Weeks
Tutor : Dr Patrick Walsh
Cost : €120



Introductory Sign Language

This course is designed to equip the participants of the course to get to know the basic signs and to be able to greet and communicate if they were to meet or come in contact with a parson with a hearing impairment.
Duration : Eight Weeks
Tutor : Nora Cooper
Cost : €120

Application for Adult Education Programmes Spring 2011	
Course :	_____
Name:	_____
Address:	_____ _____ _____
((Home):	_____
((Mobile):	_____

General Information

Full Payment of Fee is required on enrolment.
All courses are subject to a minimum number of students enrolling. Payment of course fee by Cheques would be appreciated. All courses will commence on Tuesday the 1st of February 2011 unless otherwise advised.

Canteen Facilities

Tea & Coffee are available each night.

Property

Presentation Learning Centre accepts no responsibility for property stolen or mislaid on its premises.

Enrolments

Tuesday the 25th of January at 7.30pm
Please note : Eight week classes are scheduled for the following dates :February 1st, 8th, & 15th, March 1st, 8th, 15th, 22nd and 29th. There will be no classes on February 22nd due to mid-term break.



Adult Education

Enquiries: to:
Ciarán Ryan,
Presentation Learning Centre,
Presentation College,
Headford.
(093) 35408 or (087) 9671940
Presentationlearningcentre@gmail.com
www.presheadford.ie/adulted.htm

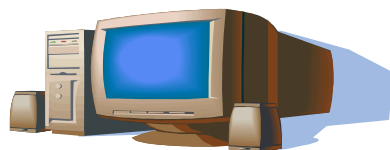
Spring 2011

Adult Education Programme Spring 2011

Computers for the Beginner

An introduction to computers for the absolute beginner. This course focuses on four distinctive areas :
MS Word -Using Microsoft office in the preparation of documents.
MS Excel-Using computers in mathematics.
Internet & E-mail- Setting up an e-mail account and learning to surf the internet.
MS Powerpoint - Using graphics in IT to prepare brochures and posters.

Tutor : Siobhan Egan
Duration : Eight Weeks
Cost : €120



Computers for the Improver

This is a continuation from the beginners course focusing and the developing of the participants skills in the areas of MS Word, MS Excel, Internet & E-Mail and MS Powerpoint.

Tutor : Siobhan Egan
Duration : Eight Weeks
Cost : €120



Artistic & Creative

Landscape Design

With spring just around the corner, this eight week course brings you through all the essentials needed to design your own garden in a professional and imaginative way. Avoid costly mistakes in the layout and planting of your garden by understanding all the factors influencing your particular space. Also learn plenty of garden construction tips for the hands on gardener.

Tutor : Philip Comber BSc
Duration : Eight Weeks
Cost : €120

For the love of English.

Enjoy fiction, drama, poetry and book reviews in a nice relaxing environment on a workshop basis. Develop your appreciation for English literature over a busy eight week period.

Tutor : Trevor Conway
Duration : Eight weeks
Cost : €120



Gluten Free Cookery

In this brand new course Geraldine will give participants a comprehensive series of cookery lessons for a completely gluten free diet. Participants will be facilitated by Geraldine in preparing traditional and more modern gluten free cookery dishes as they wish.

Tutor : Geraldine Ryan
Duration : Eight Weeks
Cost : €120

Enrolment :Tuesday the 25th of
January @ 7.30pm

Active and Leisure

Yoga for Beginners and Improvers

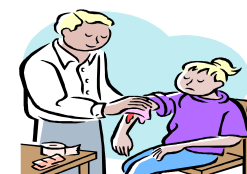
This eight week course of satananda yoga concentrates on the loosening up of the body joints, and the strengthening of the digestive system and in turn the improving of the flow of energy in the body.

Tutor : Mairead McMahon
Duration : Eight Weeks
Cost : €120

Sean Nós Dancing for the Beginner and Improver

An eight week intensive session of Sean Nós dancing lessons taught by the renowned sean nós dancer Ashline Cunningham. This course is suitable for both the absolute beginner and for people who have done an eight week sean nós session before.

Tutor : Ashline Cunningham
Duration : Eight Weeks
Cost: €120



Safety

Basic First Aid

This eight week course in basic first aid procedures is designed for people specifically with no training whatsoever in first aid procedures. The course will be certified by the trainers governing body after successful completion of an examination.

Trainers : Order of Malta
Duration : Eight weeks provisionally
Cost : €120 with an additional exam fee to awarding body for certification

